

AVOID THE THREE Cs

BE AWARE OF DIFFERENT LEVELS OF RISK IN VARIOUS SETTINGS

There are certain places where COVID-19 spreads more easily:



CROWDED PLACES

With many people nearby



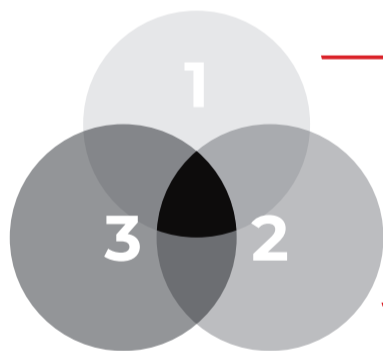
CLOSE-CONTACT SETTINGS

Where people have close-range conversations



CONFINED AND ENCLOSED SPACES

With poor ventilation



The risk is higher in places where these factors overlap. Always consider where you are going and #StaySafe by avoiding the 3 Cs.

WHAT SHOULD YOU DO?



Avoid crowded places and limit time in enclosed spaces



Maintain at least 1.5m distance from others



When possible, open windows and doors for ventilation



Keep hands clean and cover coughs and sneezes



Always wear your face-mask when in public places

If you are unwell, stay home unless to seek urgent medical care.

** Information endorsed by the World Health Organisation*

WE **DEVELOP** PEOPLE, TO **SERVE** PEOPLE, TO **UPLIFT** SOCIETY

TSEBO